

Hope

HELPING OLDER
PEOPLE ENGAGE

HOPE project is a free service for people living in Dundee, who are over 55. The service is open to people who own their own home as well as people who rent.

Our main aim is to help older people feel less lonely and isolated by encouraging participation in local groups and activities and providing advice on a range of issues.

THANKS TO Hope...

I'm now in receipt of attendance allowance, an extra £82.30 per week! I'm delighted as I wasn't even aware I was eligible.

I had my medical priority reassessed, my priority was changed to high. I now live in a sheltered house.

I no longer need to move home, as a level access shower is now being installed.



Hope

HELPING OLDER
PEOPLE ENGAGE



We also make referrals for support and services to help you keep safe, well, active and independent. Such as:

- Occupational therapy- for aids & adaptations
- PIP & Attendance Allowance
- Arrange home fire safety visits
- Housing options advice
- Community alarm
- Meals service/food train
- Befriending/morning calls
- DEEAP Dundee Energy Efficiency Advice Project

For some people accessing the help they need, can be difficult, especially if you don't know what help is available to you, or where to find it.



FOR FURTHER INFORMATION CALL OR EMAIL ONE OF OUR COMMUNITY ENGAGEMENT WORKERS:

Dawn

T: 07710 709853 / 01382 484562

E: dawn.balfour@caledoniaha.co.uk

Maureen

T: 0300 123 2640 press Option 2 / 07452 916337

E: mmcLay@hillcrestha.org.uk